



Therapeutic WORKS Incorporated (TWI)

Where Others Receive Kindness & Support

TWI Services Plan

Client Name: [REDACTED]

Date of Birth: [REDACTED]

TWI Staff: Hope M. Love (Program Manager & Rostered Psychotherapist)

Date: [REDACTED]

Screening Information

[REDACTED] was referred for a TWI pretrial services screening by his attorney, Joshua O'Hara, Esq. The referral indicated Mr. [REDACTED] was incarcerated with multiple pending charges and may benefit from a screening to identify mental health and substance use treatment needs. This writer reviewed the Colchester Police Department Affidavit of Probable Cause and UVM Medical Center Records.

This writer met with Mr. [REDACTED] at Northwest State Correctional Facility (NWSCF) on [REDACTED] to complete the screening. Mr. [REDACTED] presented as appropriate and engaged. He appeared to be forthcoming and he completed the screening in its entirety. Mr. [REDACTED] has a history of mental health and substance abuse symptoms prior to his current incarceration. He received counseling in the previous twelve months prior to his incarceration, but was not receiving treatment at the time the alleged incident occurred.

Service Plan Recommendations

Given Mr. [REDACTED] has been incarcerated since July 2024 and there is no evidence of substance abuse since his incarceration, it is recommended he engage in services that address his mental health symptoms to provide stabilization.

- It is recommended Mr. [REDACTED] engages in partial hospitalization services at Seneca Center, a treatment program of UVM Medical Center. The Seneca Center Partial Hospitalization Program has a primary purpose to stabilize functioning. The program offers 6 hours of treatment per day and consists of individual care management, group psychotherapy, pharmacological management, and coping skills training.
- To supplement the above treatment recommendation, it is recommended Mr. [REDACTED] engages in counseling focused on addressing his mental health symptoms and their contribution to his pending alleged offenses through the TWI Interpersonal Violence Treatment Program (IVTP). IVTP provides

Therapeutic WORKS Incorporated

187 St. Paul Street, Suite 101

Burlington, VT 05401

<https://www.therapeuticworksinc.org>

comprehensive trauma-informed treatment using evidence-based practices to individuals who have been charged with or convicted of an interpersonal violence offense, particularly individuals who are unable to or have been unsuccessful with participating in DVRC. IVTP provides individual counseling focused on addressing the client's offense-related behavior to support the client's goals, increase the safety of others and decrease the potential for recidivism. IVTP addresses the following areas:

- Historical exposure to trauma, included but not limited to emotional, physical and/or sexual abuse, power and control dynamics, risk factors, interpersonal violence and how these influence past and current cognitive schemas and behaviors that impacts the client's interpretation of and engagement in relationships.
 - Attachment theory and attachment disruptions and how these contribute to one's sense of self and unhealthy interpersonal relationship dynamics.
 - Identifying thoughts, feelings and behaviors that may have contributed to interpersonal violence behaviors.
 - Learning and integration of an understanding of primary and secondary victimization that occurs from interpersonal violence.
 - Learning and implementation of emotional regulation, healthy communication, healthy relationship building, problem-solving and conflict resolution skills.
 - Development and practice of a safety plan to prioritize the emotional and physical safety of others while providing safety for the client. Revisions to the safety plan will occur as needed.
- It is recommended Mr. [REDACTED] participates in the TWI Reintegration Stabilization Program (RSP), a case management program that supports clients throughout the duration of their engagement in the criminal court process. RSP offers intensive case management services to implement supports that address the client's physical, social and emotional needs. Mr. [REDACTED] could be eligible for these services until there is case resolution.